

SPECIAL NEEDS DRINKS

Brisbane
MARATHON
Festival



intraining
the running store run by runners

MARATHON

All 42.195km marathon participants only will be able to access all water stations with their own personal 'special needs drinks'. Although not compulsory, due to the nature of the distance, we invite you to utilise this service. If you wish to have your 'special needs drinks' placed at aid stations by the Brisbane Marathon Festival team.

- ➔ Special/personal drinks are for the marathon event only
- ➔ Drinks must be in sealed, leak proof containers
- ➔ Drink containers are not to be any taller than 21cm in total including all attachments
- ➔ Special Drinks are to be left at the designated table at registration (Park Rd, Milton) by Saturday 1pm
- ➔ No drinks will be accepted after 1pm Saturday.
- ➔ No balloons or sticks are to be attached
- ➔ Bottles are to be marked with your name and relevant km mark (from list below).
- ➔ It is your responsibility to find your own bottle at the Special Drinks Station
- ➔ Dispose of bottles in waste bins - do not litter the course
- ➔ Unclaimed drinks will be disposed of

Kilometre markers by aid station

Kilometre point	Aid station name
5, 24,26	Story Bridge
6,23,27	Kangaroo Point
9,30	Kurilpa Park
12,33,34	Orleigh Park
10,14.5, 31.5,35.5	Riverside Drive
16,17,37,38	Bicentennial Bikeway
18,39.5	Queens Wharf
21	Goodwill Bridge, City



MARATHON SPECIAL NEEDS NEED TO BE DELIVERED BY NOON SATURDAY TO INTRAINING RUNNING CENTRE, 33 PARK ROAD, MILTON